

Hays CISD
School Health Advisory Council
Minutes
Wednesday, November 13, 2024
11:30 AM – 1:00 PM In Person MEETING
Academic Support Center, First Floor Training Rooms

Members Present

Megan Benthall	Kristen Cearbaugh
Alex Zavala	Krista Deshayes
Tiffany Robinson	Suzanne VanVelson
Erica Gallardo	Angelica Solis (non-voting)
Robin Goffena	Melissa Corona (non-voting)
Sarah Jensen	Nicole Hartman
Ali Valdez	Maritza Gonzalez
Jessica Levin	Robert Spade (for Thomas Stone)
Dusty Gibbs (non-voting)	

- I. Welcome and Call to Order- 11:56am
- II. Disclosure of Recording of Meeting
- III. Review of Minutes from September 18, 2024- Ali Valdez motion, Robbin Goffena second
- IV. Committee Updates
 - a. Physical Activity- HCISD has a 3 year grant for CATCH, leverage morning time for physical activity, PTA involvement in physical activity promotion?
 - b. Child Nutrition- No updates
- V. Wellness Plan Work Groups
 - a. Megan Benthall- Break into groups of 3-4, work through goals on project papers, keep mics on
- VI. Open Discussion
- VII. Closing / Adjournment-12:56pm

Future SHAC meeting dates

SHAC meetings are from 11:30-1:00 on the scheduled dates below.

- February 12, 2025
- May 7, 2025

Mission

"We the Hays CISD SHAC will endeavor to create an environment that nurtures physical, mental, emotional, spiritual, and social health so students can learn at their highest potential."

Vision

"We the Hays CISD SHAC, envision a productive, diverse community, whose members are emotionally, physically, spiritually, socially and intellectually healthy."